

Join Our Support Group for Traumatic Brain Injury (TBI)



Support that meets you where you are.

Living with a brain injury can bring challenges that are hard to plan for. Being part of a community that understands can ease the load and help you feel supported.

Everyone is welcome to join. TBI survivors, families, friends, and professionals.

Each support group is a chance to briefly share your personal history with the group or just listen.

Support groups are hosted by Disability Rights Tennessee (DRT). DRT is a nonprofit agency that protects the rights of people living with disabilities and/or mental illness in the places where they live, work, learn, vote, or receive services.

If you need help, please reach out to our Get Help Line:

By phone: 1-800-342-1660

By email: GetHelp@DisabilityRightsTN.org

Visit our website to learn more,
www.DisabilityRightsTN.org



Every Other Tuesday
of each month



11:00 am CST



Virtual | Zoom



Scan the QR code or visit
www.DisabilityRightsTN.org/Bi-Monthly-TBI-Support-Group/ for the Zoom link and more information,