

What is AT?

Assistive technology (AT) are devices or services that let a person with a disability live their most independent lives.

AT devices are everything from low-tech pieces of equipment or tools to high-tech software and wheelchairs. An example of a low-tech AT device is a specially shaped spoon that is easier to grip. An example of a high-tech AT device is computer software that reads a computer screen.

AT services provide direct help in choosing, gaining, or using an AT device. An example of an AT service is a physical therapist assessing the best wheelchair for someone's mobility needs.

How to Access AT?

If you need an AT device or service, ask your doctor or another trusted professional. They can refer you to the right person to help you find an AT device or service that works for you. Sometimes, a team of people may help you. The team may include doctors, teachers, speech-language pathologists, rehabilitation engineers, occupational therapists, and other specialists. AT devices or services do not have to cost a lot of money. Many AT devices or services can be funded through the school system, government programs, private health insurance, or other programs.

How Disability Rights Tennessee (DRT) Can Help

DRT can provide information about AT and guidance for accessing AT devices and services. In situations where AT is a barrier to education, employment, voting, or where AT is needed to increase integration in the community, DRT may also be able to provide advocacy support.

To determine how DRT can help you, please call us at (800) 342-1660 or email GetHelp@DisabilityRightsTN.org.

Find AT Resources

Tennessee Technology Access Program (TTAP)

Citizens Plaza, 12th Floor
400 Deaderick St
Nashville, TN 37243
Phone: (615) 313-5183
Toll-Free: (800) 732-5059
TTY: (615) 313-5695

tn.ttap@state.tn.us

<http://www.tn.gov/humanservices/topic/ttap>



Tennessee Technology Access Centers

West Tennessee

Mid-South Access Center for Technology (Mid-South ACT)
530 Patterson St
Memphis, TN 38111
(901) 678-1489

<https://www.memphis.edu/act/>



The STAR Center
1119 Old Humboldt Road
Jackson, TN 38305
(731) 668-3888

<https://www.star-center.org>



Middle Tennessee

The STAR Center
1119 Old Humboldt Road
Jackson, TN 38305
(731) 668-3888

<https://www.star-center.org>

East Tennessee

SPARK Center (formerly ETTAC)
116 Childress St SW
Knoxville, TN 37920
(865) 219-0130

<https://www.sparktn.org/>

Signal Centers, Inc.
109 North Germantown Road
Chattanooga, TN 37411
(423) 698-8528

Website: <https://www.signalcenters.org>

