



What is Assistive Technology (AT)?

AT is any item or piece of equipment that helps people be more independent. There are many types of AT, from simple or “low-tech” tools to advanced or “high tech” tools. AT can be used at any age.

▶ HOW TO ACCESS AT?

There are services that provide help in choosing, receiving, and/or using an AT device. If you or your child need an AT device or service, talk to a doctor or another trusted professional. These trusted professionals could include:

- ✔ Doctors,
- ✔ Teachers,
- ✔ Speech Therapists,
- ✔ Rehab Engineers,
- ✔ Occupational Therapists, and
- ✔ Other Specialists.

**Remember, AT devices or services don't have to be expensive. Many can be paid for through school, government programs, private insurance, or other sources.*

▶ WAYS DRT MAY HELP:

- ✔ Provide information about AT and how to access devices and services.
- ✔ Help you or your loved one get AT to help you vote, work, or participate in the community.
- ✔ Provide advocacy support.



If you think your child needs an AT device for their development, contact your physician, healthcare provider, or the Tennessee Early Intervention System (TEIS).

What is Low-Tech AT?

Low tech AT are basic or non-electronic devices that don't require much training to use and are usually low cost such as canes, magnifying glasses, and adapted door knobs.

What is High-Tech AT?

High tech AT are more complex or electronic devices such as braille keyboards, eye tracking devices, and powered wheelchairs. There may be higher costs or training needed to use high-tech AT.

EXAMPLES OF ASSISTIVE TECHNOLOGY (AT)

- Pencil grip
- Reacher or grabber
- Magnifying Glass
- Timer
- Braille keyboard
- Reminder watch
- Voice activated telephone
- Tablet

For more assistive technology resources, visit our website:



How can I get help from DRT?

EMAIL OR CALL:

GetHelp@DisabilityRightsTN.org

1-800-342-1660 OR 615-732-6970

I KNOW, SUPPORT, OR LOVE SOMEONE WHO NEEDS HELP. CAN I STILL CONTACT DRT?

Yes! Contact us using the information listed above.



DRT uses interpreters to speak with you in your language, including ASL.

All services offered by DRT are **FREE** of charge.



HOW CAN I SUPPORT DISABILITY RIGHTS TENNESSEE?

You or your company can help DRT. Just visit the "Donate" page of our website or call us directly to give a one-time or recurring gift. THANK YOU!

DRT's work is guided by the experience and needs of people living with disabilities and/or mental illness in Tennessee. We value your opinion! Send comments to Feedback@DisabilityRightsTN.org.



www.DisabilityRightsTN.org • GetHelp@DisabilityRightsTN.org • 1-800-342-1660

Disability Rights Tennessee (DRT) is the designated Protection and Advocacy (P&A) system in Tennessee, proudly serving people living with disabilities and/or mental illness across all 95 counties.

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